

NOTES of GRACE

January 2026

Issue 33



Center Hours

Tuesday 10:00 – Noon
Thursday 5:30 – 7:00 pm
525 S. 8th Street Quincy, IL
217-440-8200

Website: www.tsacwm.com
tristatecwm@gmail.com

Like us on: Facebook: Tri-State Area CWM

Reaching Hurting Women Through Ministry

MISSION STATEMENT

CWM offers HOPE to hurting women through free peer counseling for emotional and spiritual healing.

VISION STATEMENT

CWM will be a volunteer integral social service in the community, improving the emotional and spiritual health of women.

CWM provides complete confidentiality in a non-judgmental atmosphere, making it a safe place to begin to deal with those hurts.

Highlights of 2025

- *Women attended 44 sessions spanning 7 Bible study courses.*
- *Cup of Grace – A fellowship welcoming all women seeking community and connection.*
- *Ladies Night Out – A quarterly evening gathering designed to foster community, provide encouragement, and create opportunities for fellowship among women.*
- *Pastoral Care – Ongoing confidential counseling and support provided to women throughout the year.*
- *Volunteer Development – Three new volunteers completed 40 hours of professional counseling training to expand ministry capacity.*

2026 Emphasis: Building Our Volunteer Team

Our ability to provide meaningful support and healing to women in the community depends on committed volunteers. As we continue offering counseling services, one of our primary goals for the coming year is to actively seek women who feel called to serve in this ministry and equip them with the training and resources needed to make a lasting difference.

Volunteers are the backbone of CWM. If you're interested in learning more, please contact us or attend our **Volunteer Informational Meeting in March**. Help us make a meaningful difference in women's lives.



January Bible Study

Tuesdays 10:00-Noon Starting January 6th 9 Sessions
Joy of Living Study of The Book of Ecclesiastes

Ecclesiastes is found in the Old Testament of the Bible and is traditionally attributed to King Solomon, who is said to be the author writing as the “Preacher.” This book stands out for its deep philosophical reflections on life, wealth, wisdom, and the pursuit of happiness. Throughout the text, the author examines the countless activities and achievements of life, ultimately concluding that many of them are “vanity” or futile.

For additional information or to purchase a book (\$13.25) please contact us.



Save the Date

Volunteer Informational Meeting

March 12, 2026

7:00 pm

More Details Coming Soon

Volunteering can be a wonderfully rewarding way to make your community a better place for all.



Below are ways you can help hurting women.

- *Staff the Office during Open Hours
- * Become a Peer Counselor
- *Lead a Bible Study or a Support Group

Office Closed
December 23rd and 30th

Our doors only stay open with the blessings of God and through your generosity.

To donate to CWM please send your donation to:

525 S. 8th Street, Quincy, IL 62301

Tri-State Area Center for Women's Ministries is a 501(c) (3) nonprofit organization.

Your contribution is tax-deductible to the extent allowed by law.

Zelle® is a great way to donate.

Use our email address: tristatecwm@gmail.com

Or

Donate on Our Website

Note: Tuesday Office Time Change.