

# NOTES of GRACE

March 2026  
Issue 35



**Center Hours**  
Tuesday 10:00 – Noon  
Thursday 5:30 – 7:00 pm  
525 S. 8<sup>th</sup> Street Quincy, IL  
217-440-8200

Website: [www.tsacwm.com](http://www.tsacwm.com)  
[tristatecwm@gmail.com](mailto:tristatecwm@gmail.com)

Like us on: Facebook: Tri-State Area CWM

## Reaching Hurting Women Through Ministry

### MISSION STATEMENT

CWM offers HOPE to hurting women through free peer counseling for emotional and spiritual healing.

### VISION STATEMENT

CWM will be a volunteer integral social service in the community, improving the emotional and spiritual health of women.

**CWM provides complete confidentiality in a non-judgmental atmosphere, making it a safe place to begin to deal with those hurts.**

## VOLUNTEER INFORMATION MEETING

ARE YOU LOOKING FOR A WAY TO MAKE A DIFFERENCE IN OUR COMMUNITY?

COME LEARN MORE ABOUT HOW YOU CAN GET INVOLVED AND MAKE AN IMPACT!

 **DATE: THURSDAY, MARCH 12**

 **TIME: 7:00 PM**

 **LOCATION: 825 S 8TH STREET, QUINCY, IL**

 **CONTACT: 217-440-8200**

 **VISIT: [WWW.TSACWM.COM](http://WWW.TSACWM.COM)**

WE CAN'T WAIT TO MEET YOU AND SHARE HOW YOU CAN BE PART OF SOMETHING MEANINGFUL! 💖💖



## LADIES NIGHT

### OUT

March 2

5:30 -7:00 pm

Spring begins by making a  
beautiful cup and saucer  
floral arrangement

Reservations are appreciated by

February 23<sup>rd</sup>

Seating Limited to 15

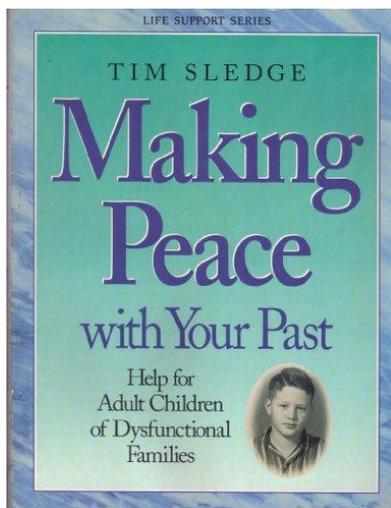
217-440-8200



## MAKING PEACE WITH YOUR PAST

March 9 - May 25

5:30 to 7:30 pm



Making Peace with Your Past is a support-group study that offers practical, biblically based guidance to lead adults to identify, understand, and come to terms with the feelings and problems of growing up in a dysfunctional family. This course will help adults who grew up in a home in which one of the family members had emotional needs so strong that they disrupted the development of healthy relationships. Participants will understand problems from the past and identify and remove emotional, psychological, and spiritual barriers to fellowship with God. (12 sessions)

For more information or to make reservations please call

217-440-8200

Book cost is \$17.00



Volunteering can be a wonderfully rewarding way to make your community a better place for all.



**Below are ways you can help hurting women.**

- \*Staff the Office during Open Hours
- \* Become a Peer Counselor
- \*Lead a Bible Study or a Support Group

Our doors only stay open with the blessings of God and through your generosity.

To donate to CWM please send your donation to:

525 S. 8th Street, Quincy, IL 62301

Tri-State Area Center for Women's Ministries is a 501(c) (3) nonprofit organization.

Your contribution is tax-deductible to the extent allowed by law.

Zelle® is a great way to donate.

Use our email address: [tristatecwm@gmail.com](mailto:tristatecwm@gmail.com)

Or

Donate on Our Website

**Note: Tuesday Office Time Change**